



Alder Health Services

Annual Report
2019

Our Mission

Alder Health improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ+ community by providing a culturally competent and affirming environment that empowers the people we serve.



LETTER FROM THE BOARD CHAIR

When asked for a word to describe Alder Health Services from a board of directors' perspective my word is growth. I could have also progress, expansion, or increase because all these words apply to what has been happening at Alder Health Services for the last year.

Alder Health Services has expanded to include the entire 2nd floor of the building. We have expanded services offered to our clients and the community including our wellness center. We have expanded our staff to better meet the needs of those using and needing our services. We look forward to our expansion as the new in-house pharmacy prepares to open soon.

The board of directors also made progress on our strategic plan. It is with great pleasure that I can state that we have already completed most of the goals in the 2018-2020 strategic plan. The board will meet soon to verify the complete of the strategic plan and to work to develop and solidify our goals for our next strategic plan which will take us to 2023.

From both the staff and the board of directors there is increased excitement as we plan our 35th Anniversary celebration. Save the date September 25, 2020 for the anniversary celebration. You will not want to miss this opportunity to celebrate all that Alder Health Services has done in the greater Harrisburg area for the last 35 years.

Lastly, within these pages of this annual report you will find more detailed information on how Alder Health Services has grown, progressed, expanded, and increased. I speak for all the board directors when I state that we will continue to grow as we strive for Alder Health Services be the best place in south central Pennsylvania to receive primary and mental health care.

Rev. Dr. Lori E. Hatch-Rivera
Chair, Alder Health Services Board of Directors

**Rev. Dr. Lori E.
Hatch-Rivera**



2018-2019 BOARD OF DIRECTORS

Russell Boggs
Director

Beth Mihmet
Director

Jamin Gibson
Treasurer

David Misner
Director

Sean Gill
Director

Christa Nelson
Director

Kristen Harfield
Director

Rev. Dr. Lori Hatch-Rivera
Chair

Carmen Henry-Harris
Director

Matt Roan
Director

Jennifer Kissane
Director

Robin Perry-Smith
Vice Chair

William Krenz
Secretary

Chase Wright
Director

2018-2019 LEADERSHIP STAFF

Rosemary Browne
President & CEO

Kasha Herbe
Primary Care Clinic Supervisor

Carmen McKinney
Behavioral Health Clinic Supervisor

Keisha McToy
Director of Administration

Candace Sillers
Director of Education & Wellness
Services

Kimberly Snyder
Director of Case Management &
Support Services

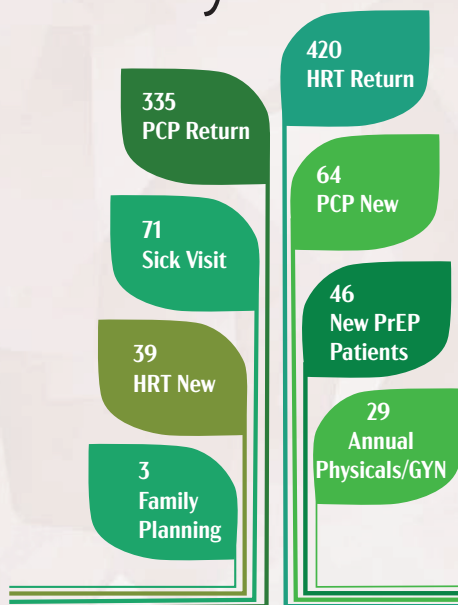
Health Center



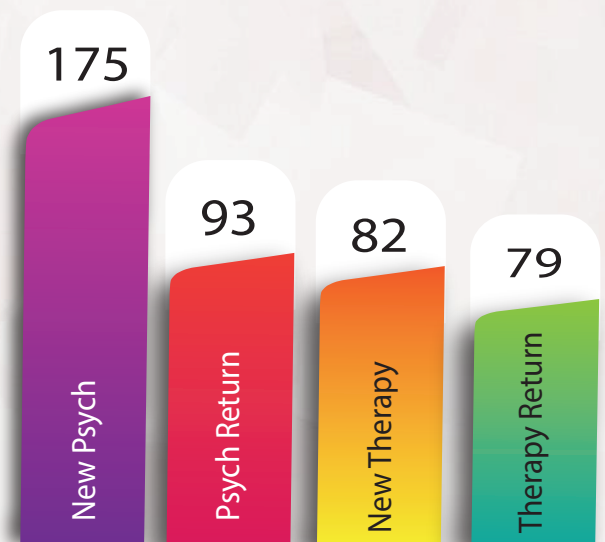
Alder Health Services continues to focus on a fully-integrated and holistic system of care. Integrated health allows greater access, communication and physical proximity among behavioral health and primary care providers and the health center support team. The benefit of this health center model is to afford our medical patients and behavioral health clients the optimum in collaborative care, treatment, and referrals for specialty services.

3,885 Health Center Appointments

Primary Care



Behavioral Health



Appointment Breakdowns



Primary Care

Alder Health's medical team members are committed to your health. Our physicians and nurse practitioner are here to provide LGBTQ+ and gender-expansive communities with affirming primary medical care. The team serves as the point of contact to provide and coordinate the following services.

625

Lab Appointments

*Lab appointments are not tied to any other appointment

- HIV, Pre-exposure Prophylaxis (PrEP)
- Hormone replacement therapy (HRT)
- Chronic disease management
- Family planning
- In-house and mail order pharmacy services

Behavioral Health

Alder Health recognizes that mental health is an important part of your overall wellness. Whether it's talking about depression, anxiety, substance abuse, medication management, exploring identity, or just navigating life changes, our staff of highly-trained therapists and psychiatrists will help you decide what services are right for you, such as:

- Psychiatric services (tele-psychiatry) and assessment
- Behavioral health assessment and psychotherapy
- Transgender inclusive services for adults and youth 14+ years old
- Gender affirmation-related assessment & documentation
- Medication management

1,402

**Therapy hours
provided**



Pre-Exposure Prophylaxis (PrEP)



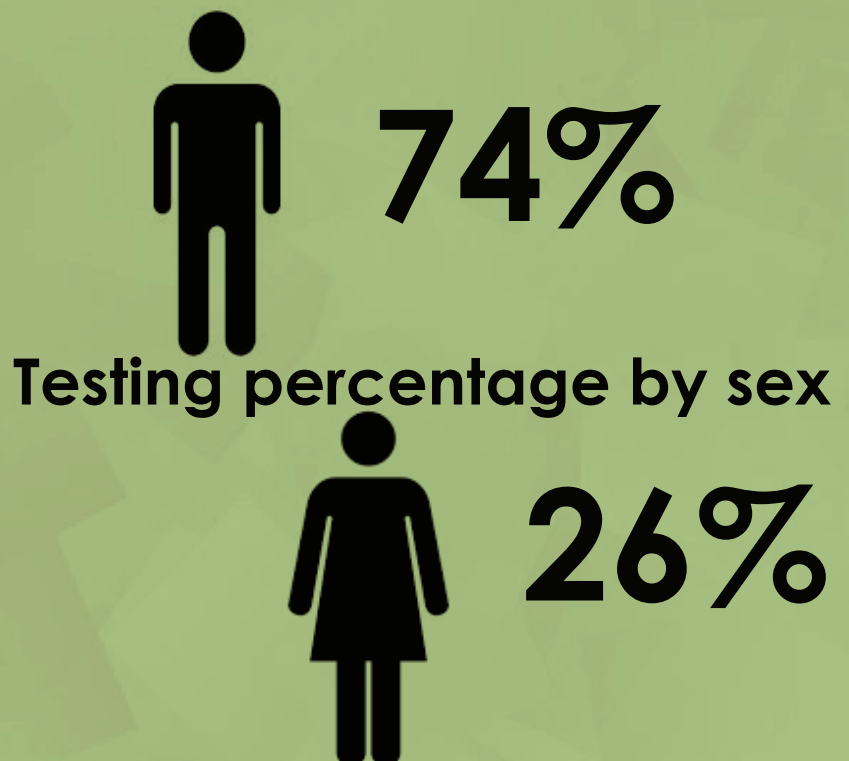
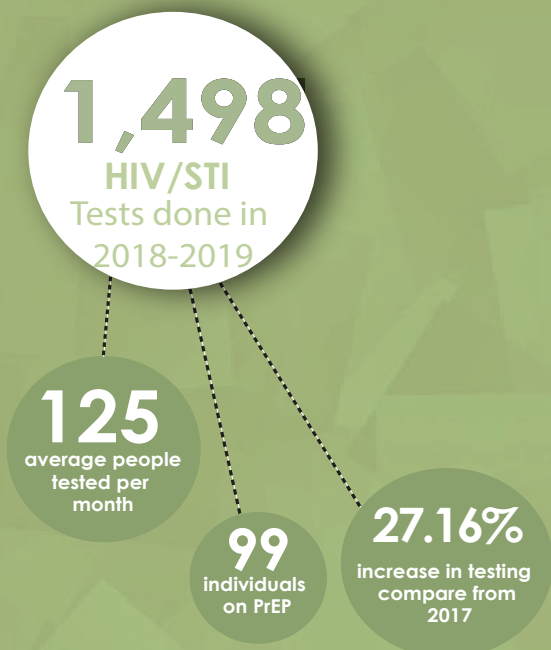
Pre-Exposure Prophylaxis (PrEP) is a medication that, if taken daily, reduces the risk of contracting HIV. Alder Health Services continues to focus on breaking down the barriers that prevent individuals from accessing PrEP.

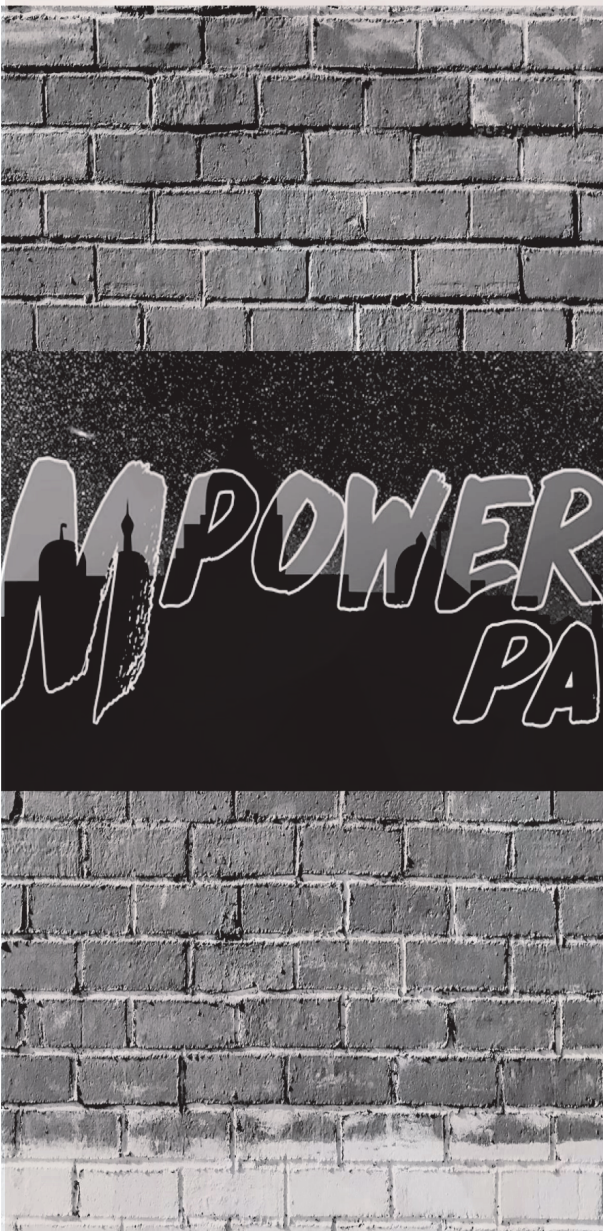
In, FY 2018-2019, the number of patients utilizing our Pre-Exposure Prophylaxis (PrEP) program doubled to 99 people. HIV & STI testing is required every three months. Individuals can access our free weekly walk-in clinic for their HIV & STI testing instead of having to make an appointment and leave work during the day.



Our staff is knowledgeable about PrEP, and patients can meet with a staff member to discuss the pros and cons of starting PrEP. Our partnership with Coordinated Care Network, our in-house and mail order pharmacy, allows Alder Health Services to maximize discount cards, patient assistance programs & copay assistance to reduce the out-of-pocket cost of PrEP.

STI TESTING in FY 2018-2019





Test & protect!

Mpower PA is a group of young, 18-30 year-old queer, bisexual, gay or questioning men who come together to host public outreach and education events with the goal of creating a supportive place for our community, improving our common health and wellness, and providing information on HIV and sexual health.

PWID

Persons Who Inject Drugs

We are working to provide individuals with the knowledge, skills, and resources they need to reduce their risk of HIV infection. With the basic knowledge of HIV and the proper skills, individuals can successfully avoid infection thus fulfilling the reality that HIV is 100% preventable!

- Increase awareness of HIV in high-risk populations (MSM, PWID).
- Provide individuals at high-risk for HIV with the knowledge necessary to reduce their risk for infection.
- Teach high-risk populations the skills necessary to reduce their risk for infection.
- Link individuals to testing and treatment options offered by Alder Health Services and community partners.
- Improve the ability of individuals at risk of infection to communicate with their partners about safer sex practices.

PWID in FY 2018-2019

Outreach by County:

Cumberland/Perry	1,080
York/Adams	1,200
Lebanon	1,434
Dauphin	2,000

Outreach by Age:

30-39	1,806
20-29	1,534
40-49	1,246
50+	1,193

3,252

People who were reached through Mpower, an HIV prevention program, in FY 2018/2019



SUPPORT SERVICES

In FY 2018-2019, Alder Health Services provided just under \$89,000, in assistance for HIV case management clients. Clients accessing case management services can apply for utility and rent assistance. In order to receive assistance clients but receive an eviction notice and/or a shut off notice. In FY 2018-2019, Alder Health Services provided 16 clients with utility assistance totaling \$11,124.00. Alder Health Services also assisted 59 individuals with housing assistance, totaling \$76,755. Clients, who are on in our Tenant Based Rental Assistance Program (TBRA), receive a portion of their rent paid for by our program. The goal of TBRA housing assistance is to help client establish permanent housing and assist in maintaining housing stability. Short-term housing assistance (paying one month of rent), reduces the risk of homelessness.

Alder Health Services provided case management and support services to 302 HIV-positive individuals from 10 counties through South Central Pennsylvania, primary Cumberland, Dauphin, Lancaster and Lebanon.

Individuals living with HIV/AIDS are aging, nearly half of the people in the United States diagnosed with HIV are 50 years and older (CDC) Alder Health Services is also seeing an aging trend; 47% of clients accessing services in FY 2018-2019, were over the age of 50.

Looking Back on **FY 2018-2019...**



59

Housing Assistance



\$750

Food Gift Cards



\$11,124

Utility Assistance

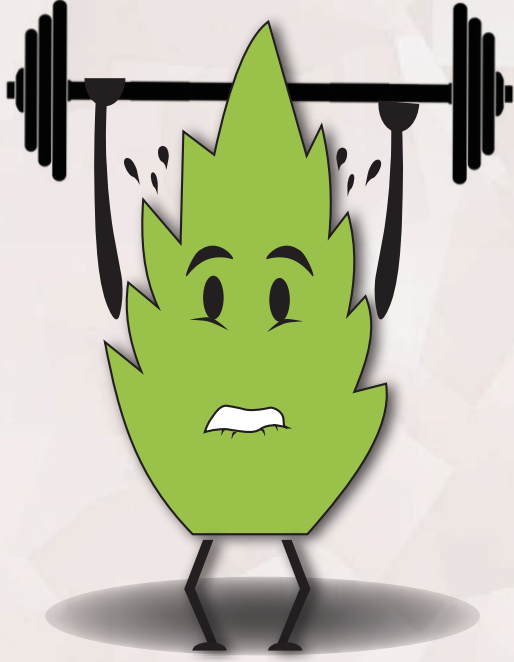


132

Medication Assistance

"My Case Manager is wonderful. She has been supportive over the years and that is very reassuring and comforting. CCN has been a most positive experience and Alder's financial assistance with medications is indescribably important. I would not be able to afford my meds without that help."

**Meet BeLeaf
our new Wellness Center
mascot**



[https://www.alderhealth.org/
programs-services/wellness-center.html](https://www.alderhealth.org/programs-services/wellness-center.html)

Wellness

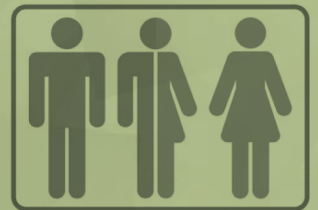
The Wellness Center at Alder Health Services opened in the fall of 2019. We see wellness as broad and holistic and host programs and activities designed to engage community members' minds, bodies, and spirits. Class topics are diverse, ranging from yoga and meditation to financial literacy and nutrition. Drop-in hours are also available for individuals to stop in and work out using the cardio and weight equipment.



YOGA

Queer Yoga is a community class offered to members of the LGBTQ+ community. Classes are led by a self-identified queer instructor and involve a gentle flow of movement, stretches and strengthening exercise

Alder Health Services has assisted 92 individuals with legal name changes since October 2017.



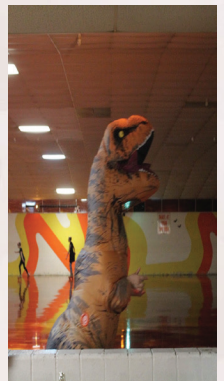
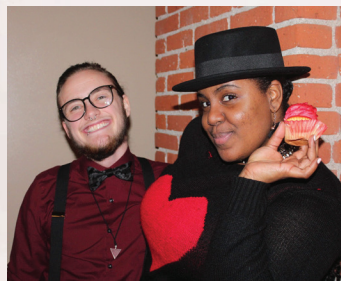
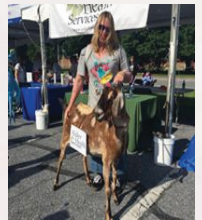
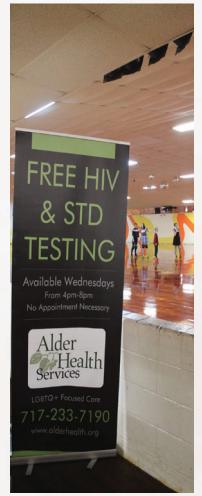
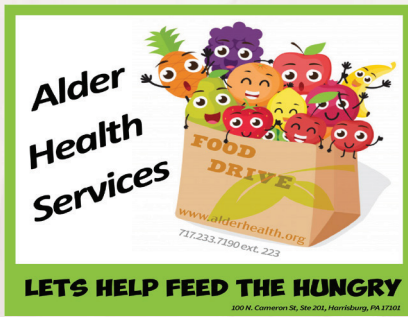
We want to be part of creating a world where LGBTQ+ people can feel strong in their bodies, whatever those bodies look like!



Alder Health Services

2018-2019 Good Times







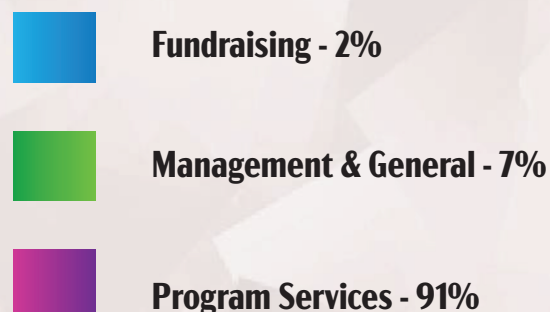
Financials

Year ending June 30, 2019

Expenses



Revenue



*Audit numbers are prepared by: Brown Schultz Sheridan & Fritz, Certified Public Accountants

THANK YOU



To our generous donors who provided financial support from July 1, 2018 to June 30, 2019

Abbie Martin
Aetna
Aetna Better Health
Alex Becker
Alexander Reber
Amanda Arbour
Amanda Pearce
Andrew Mikowski
Andrew O'Brien
Andy Leen
Barbara A Kimpel
Barbara Klaiber
Bonnie Millary
Brenda Pera
Brian Evans
Brina McCarthy
Bruce T. Slaff
Candace Sillers
Carmen Henry-Harris
Carmen McKinney
Carol Hunter
Carol Ranck
Chanda Ellzey
Chase J. Wright
Chris Aulbach
Christa M. Nelson
Christine Harry
Conchita Dixon
Craig Rebuck
Dale A. Snyder
David J. Misner
David Rivera
Dawn Hughes
Deven Henise
Donald C. Dupes
Dorothy Fulton
Doug Wentz
Dylan McGarrity
Dylann McCarnty
Eddie Deriso
Edward Fuhrer
Elementary Coffee
Elizabeth Leen
Elizabeth Mihmet
Ellen Brown
Emma Sullivan
Erin Daly

Erin Gish
F. D. Shall
Faith Sedlak
Frank Pizzoli
G. David Smith
Gary Rynearson
Hannah McBride
Harry Young
Heather Dino
Heather Doyle
Heidi Notario
Hershey Foods
Hilary Radic
Holly Zearfoss
Jaime Beck
James Cowden
Jamie Badaczewski
Jamin Gibson
Janice Black
Jarrett Sell
Jason Melcher
Jay & Ruth Martin
Jennifer Dvoor
Jennifer Kissane
Jennifer McGarrity
Jessi Evans
Jessica Matthews
Joan Fagnoli
JoAnn Wallace
Joanna Hadley-Evans
Joanne Carrol
John Davis
John F. Folby (deceased)
John Leahan
John Nelson
Jonathan Hicks
Joseph Gill
Joseph W Pivovarnik
Joseph Yeager
Julia Knight
Julie Mock
Kara McCoy
Karen Hicks
Karen McCarthy
Kari Hilt
Karla Delauter
Kasha Herbe

Keisha McToy
Kellie Heim
Kerry Mullen
Khara Williams
Kimberly Snyder
Kristen Harfield
Kyle Fait
Kyle Junk
L Morgan McKinney
Laura Feather
Leonard S. Goldberg
Leslie Egiziano
Linda Crandall
Lisa Keck
Lisa Leen
Lora Hunt
Loretta A. Sillers
Luciano V DiCesare
Lynn Manuell
Lystra Seymour
Marcia Hutchinson
Marcia McKinney
Marie Gorman
Mark Phenecie Esq.
Marlene Kanuck
Mary Ann Durborow
Mary Ann Ziegler
Mason Katzman
Matthew B. Roan
Matt Golden
Matthew Meehan
Maureen McCarthy
Megan Tanner
Mindy Urich
Molly DelCollo
Monica Faber
Nancy Shamban
Nick Cunningham
Noah Penny
Peter Rivera
Randal Buffington
Randy Dickinson
Regina Sellman
Reizdan Moore
Rev. Dr. Lori E. Hatch-Rivera
Robert E Mervos
Robert G. Delaney III

Robert L Kegriss Jr
Robert Papapietro
Robert Winston
Robert Wolpert
Robin Goldberg
Robin Perry-Smith
Rodney Kautz
Rosemary Browne
Russell Boggs
Samuel Rynearson
Sean Gill
Shaashawn Dial
Shannon McElroy
Shaun Reed
Shirley Keith Knox
Shurondae Butler
Sorina Ly
Stephen Lantz
Steve Zink
Steven Creos M.D.
Steven Risner
Susan Penny
Susan Strickland
Suzette M. Harrel
Terrie Seiders
Terry Bergman
Theo Neal
Tina Bowers
Tory Smith
Traci Yanich
Tracy Adams
Tyler Harry
Vivian Brashears
Wanda Thuma-McDermond
Wendy Cheesman
William D Pickering
William Krenz
Zelda Deriso



A Special Thanks to William Krenz and Penn State Health for the printing of this publication

This report was designed entirely in-house by Alder Health Services Staff

100 N. Cameron St, Suite 201, Harrisburg, PA 17101